



Fruit and Tasting

509 | Arts |

There are plenty more activities and videos to look at on our learning resources page:

<https://www.509arts.co.uk/project/meal-one-creative-learning/>

This QR code will also take you there



We also have loads of stuff on our social media sites to look at:

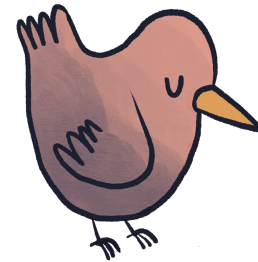


We would love to see what you produce from these activities!

Take a picture of your work and send it to hello@509arts.co.uk and we will upload it to our gallery.

You can see the lovely creations other people have made at our gallery:

<https://www.509arts.co.uk/project/meal-one/>



Exploring the whole fruit

Facilitator notes:

1. Bring in a number of fruits which have large stones inside. For example; apricots, plums, avocado, nectarine, peach, mango, cherries.
2. Smell and touch the whole fruit.
3. Talk about the differences and similarities.
4. Ask participants to identify, though touching or eye pointing to the large cards, what they think the fruit is like on the outside.

bumpy

prickly

smooth

soft

round

hard

slimy

pointy

dry

squishy

bitty

juicy

sour

savoury

sweet

Tasting and feeling

Facilitator notes:

1. Together cut the fruits up and look at the stone inside.
2. Notice the difference between the hard stone and the soft fruit.
3. Squish the fruit between fingers.
4. Using the large cards Identify words which describe the difference between the fruit and the stone.
5. Taste the fruit.
6. Support participants to indicate a preference in the fruit they have tasted and touched.
7. Complete the phrases on the next slides using either the words from the large cards, or pecs/picture symbols.

I liked the

because it was

I did **not** like the

because it was



avocado



peach



mango



plum



apricot



nectarine



cherry



Education and support packs devised for
509 Arts by Lucy Dix at Form.

form.lucy@gmail.com

<https://formcommunity.wordpress.com/>

Show illustration by Lucy Bingham

Photography by Chris Payne



Supported using public funding by
**ARTS COUNCIL
ENGLAND**